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The Journal of Results RNA Issue IV

In This Issue

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Treat Magnesium Deficiency by Removing Mercury

By Lyn Hanshew, M.D.

Today, clinicians have major concerns with Toxic Body Burden, consisting of toxic heavy metals, pesticides, volatile organic compounds (VOC's) and pathogen load, and how these poisons adversely affect the nutritional status of their patients. A particularly critical example of the interference of toxins with nutritional status and biochemical function is the competitive aspect of Mercury and Magnesium.

Mercury, Magnesium and Adenosine triphosphate (ATP)

Mercury specifically competes with Magnesium and interferes with all Magnesium-dependent metabolic pathways, such as production of energy from ATP and GTP, which directly leads to lack of chemical energy. Every cell in the body requires chemical energy derived from ATP or GTP to function, heal and regenerate. Adenosine-5'-triphosphate (ATP) is a multifunctional nucleotide that is critical as the "molecular currency" of intracellular energy transfer. In this role, ATP transports chemical energy within cells for metabolism. It is produced as an energy source during the processes of photosynthesis and cellular respiration and consumed by many enzymes and a multitude of cellular processes, including biosynthetic reactions, motility and cell division. In signal transduction pathways, ATP is used as a substrate by kinases that phosphorylate proteins and lipids, as well as by adenylate cyclase, which uses ATP to produce the second messenger molecule cyclic AMP. If Mercury is present, this cannot occur.

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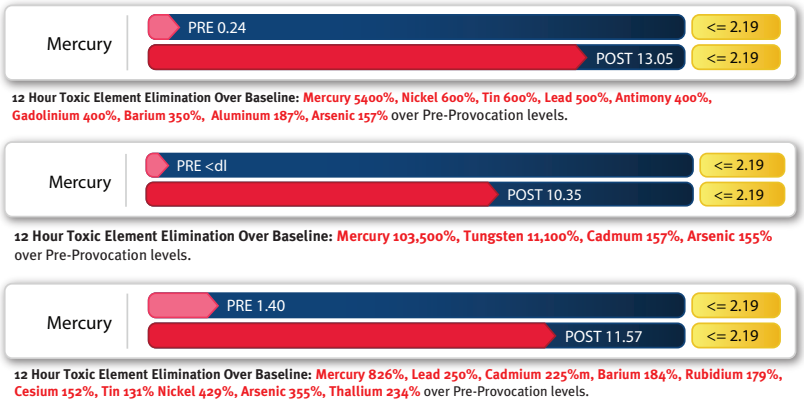
Remove the Mercury. Restore Magnesium. Heal the Patient.

The exciting aspect of this body of research for clinicians is that Advanced Cellular Zeolite (ACZ) from Results RNA is proven to be the superior Mercury chelator available as shown in multiple pre- and post- urine provocation studies. Taken orally ACZ is systemically absorbed, removing toxic heavy metals, pesticides, VOC's and free radicals of all types from the body's tissues with highest affinity for Mercury. ACZ does not bind nutrient minerals. This unique action of preferentially binding Mercury and other harmful toxicants without binding nutrient metals allows Magnesium to

ACZ nano® and ACS 200® are significantly effective in the systemic removal of toxicants.

See the Mercury excretion results of the following pre- and post- urine provocation studies. View complete studies at www.resultsrnaresearch.com



Data provided by Genova Diagnostics

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pre-provocation
post-provocation
reference range

be absorbed, assimilated and to bind to receptors, so that ATP energetic reactions and other critical Magnesium-dependent pathways can proceed. As an adjunct to Advanced Cellular Zeolite, Advanced Cellular Silver kills pathogens and is itself a nutrient mineral proven to be helpful in cellular healing and regeneration. In my experience, patients can often experience quick, significant improvement in a wide-range of symptomatology through the concomitant use of ACZ and ACS. These exceptional products safely and effectively remove the Toxic Body Burden of toxins and pathogens, which allows the absorption, assimilation and binding of the many nutrients critical for optimal biochemical function and overall health.

Beyond removing Mercury, it is important that patients ingest adequate Magnesium through food and supplementation if necessary. According to recent USDA surveys, the average intake of Magnesium by women 19 to 50 years of age is about 74 percent of the Recommended Daily Allowance. Men of the same age had intake of about 94 percent of the recommended daily amount. Approximately 50 percent of women had intakes below 70 percent of the RDA.

Foods High in Magnesium	Serving Size	Magnesium (mg)
Beans, black	1 cup	120
Broccoli, raw	1 cup	22
Halibut	1/2 fillet	170
Nuts, peanuts	1 oz	64
Okra, frozen	1 cup	94
Oysters	3 oz	49
Plantain, raw	1 medium	66
Rockfish	1 fillet	51
Scallop	6 large	55
Seeds, pumpkin and squash	1 oz (142 seeds)	151
Soy milk	1 cup	47
Spinach, cooked	1 cup	157
Tofu	1/4 block	37
Whole grain cereal, ready-to-eat	3/4 cup	24
Whole grain cereal, cooked	1 cup	56
Whole wheat bread	1 slice	24

Recommended Daily Requirements of Magnesium:

- Children
- 1-3 years old: 80 milligrams
- 4-8 years old: 130 milligrams
- 9-13 years old: 240 milligrams
- 14-18 years old (boys): 410 milligrams
- 14-18 years old (girls): 360 milligrams
- Adult females: 310 milligrams
- Pregnancy: 360-400 milligrams
- Breastfeeding women: 320-360 milligrams
- Adult males: 400 milligram

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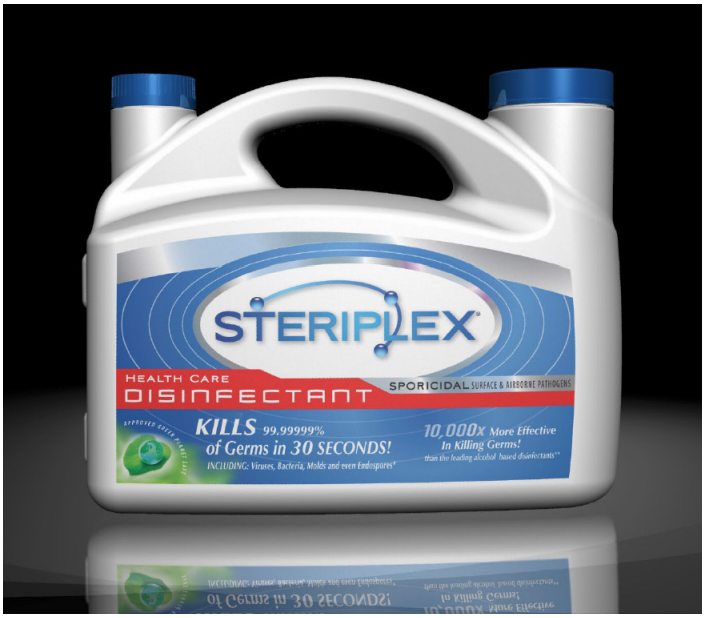
We all remember the 2001 anthrax attacks that sickened twenty three people and killed five. Since that time the U.S. government has spent hundreds of millions in remediation and billions in their search for a disinfectant that can reliably kill anthrax spores and other pathogens that might be used as weapons.
This search is over. sBioMed®, a self funded biotechnology firm located in Orem, Utah has been recently awarded Environmental Protection Agency (EPA) registration of STERIPLEX® Ultra for anthrax spore decontamination, the world's most deadly biological agent.

Astoundingly, STERIPLEX® Ultra achieves rapid kill against anthrax spores while remaining safe for the product users and the environment. STERIPLEX® Ultra completely destroys anthrax spores in less than 30 seconds as demonstrated with suspension test methods and destroys anthrax spores in only 30 minutes as certified by an independent Biosafety Level III laboratory using AOAC protocols. The U.S. military's bioweapons laboratory at Dugway Proving Grounds in Utah also verified the complete destruction of anthrax spores in less than 30 seconds in a suspension test using STERIPLEX® Ultra.

"The world has long been interested in killing bacterial spores. It's a very difficult task," say the sBioMed® founders. Fortunately, only a few toxic bacteria can form endospores. When their life cycle is threatened by factors such as lack of food or change of temperature, some bacteria can develop endospores that allow them to survive until better conditions occur. "They become like shriveled microscopic walnuts, wrapping themselves in layers of coating to become almost indestructible", founder Brian Larson said. Spores can lie dormant for thousands of years and then "come back to kill you." Spores found in Egyptian tombs may be the basis for legends about the curses killing those who disturb tombs of the Pharaohs.

Anthrax remediation of the Senate Hart building, several postal facilities and other U.S. government and private office buildings showed that decontamination is possible, but is very time-consuming and extremely costly. Clearing the Senate office building of anthrax spores cost over $27 million dollars, according to the Government Accountability Office. Decontaminating the Brentwood postal facility cost over $189 million dollars with a downtime of over 2 years, and decontaminating the postal facility in New Jersey cost over 75 million dollars, with a downtime of over 3 years. STERIPLEX® Ultra can clear a building of Anthrax spores in a much shorter time and at a substantially lower cost.

STERIPLEX® Ultra is a liquid solution, which can be applied using standard spray or automated dispersion devices.



STERIPLEX® Ultra provides quick and comprehensive anthrax clean up when used by specially trained individuals to decontaminate buildings, vehicles, ships, aircraft, personal protective equipment and other articles infected with anthrax spores.

sBioMed® has also received EPA registration for the world's leading sterilant/sporicide. Designed for use in hospitals, clinics and even homes, STERIPLEX® Health Care can quickly and safely sterilize hard surfaces up to ten to thirty times faster than other sterilants and disinfectants currently available. Unlike most other sterilants that are toxic and corrosive, STERIPLEX® Health Care is broad-spectrum, environmentally friendly and completely non-corrosive.

From sterilizing medical instruments to disinfecting surfaces, STERIPLEX® Health Care represents a welcome paradigm shift in best practices infection control. Imagine being able to achieve rapid, complete kill against even the most difficult-to-kill pathogens in your workplace and home with a product that is completely non-toxic. As the world goes green, soon your patients will be asking, "Do you disinfect using STERIPLEX®?"

To learn more about STERIPLEX® Disinfectants, please visit www.sbiomed.com

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